

Learn-To-Play Lacrosse



Come out and learn to play Lacrosse this spring at the Tiverton Arena!

The program will run either on Tuesday or Thursday nights once per week for 10 weeks starting April 18th. Birth years 2013, 2014, 2015, will run from 5-6 pm and birth years 2010, 2011, & 2012 will run from 6-7 pm.

The program will focus on learning how to play lacrosse in a fun environment, developing basic skills and playing scrimmages.

Normal upper hockey equipment can be used to play, but a stick will be required. Some sticks are available to use, if you require any equipment please contact us. This link can be used to see what equipment is needed.

<https://ontariolacrosse.com/content/playing/required-equipment/box-equipment/box-guidelines.pdf>

Rib and kidney protectors are required for 2010, 2011, & 2012's.

No sign-up is required but please send us an email if you are interested in coming out so we can plan for everyone. Fees will be determined once numbers are figured out. Approximate cost will be \$50 for all 10 weeks, or \$10/night.

Where: Tiverton Arena

When: Apr.18, Apr. 23, May 2, May 9, May 14, May 23, May 28, June 6, June 13, and June 18th.

Contact: tom.alison.humphrey@gmail.com

